

HOW YOU CAN HELP

IN STORES:

- Shop for products **made with recycled materials**.
- Buy items with **less packaging**.
- Buy refillable, **reusable containers**.
- Bring **reusable cloth or canvas bags** to the grocery store.
- Buy only **what you need** or **what you know you will use** (applies to food as well).

AT HOME:

- Use **energy-efficient light bulbs** and **rechargeable batteries**.
- **Reuse plastic bags**.
- Ask to **be removed from paper mailing lists**.
- Don't throw anything away that can be **reused or repaired**.
- For unwanted used electronics, **try upgrading the device to continue using it**. Otherwise, **donate or recycle it**.
- **Print on both sides of paper** (and use recycled paper).
- **Compost** your food scraps and yard waste.

MAKE A DIFFERENCE TODAY!

If we all take **small steps every day** to reduce the amount of waste we produce, **we can help protect our planet** for generations to come.

For more information, visit www.epa.gov/recycle.